

THE ROYAL ST. JOHN'S REGATTA COMMITTEE

RULES AND REGULATIONS FOR THE CONDUCT OF RACING AND OTHER REGATTA EVENTS

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1. COMPOSITION OF CREWS

- 1.1 A crew shall consist of the following:
- (a) a Coxswain;
 - (b) six (6) regular oarspersons;
 - (c) up to 2 spare oarspersons who, (at the option of the coxswain and the regular oarspersons) may substitute for any regular oarsperson in any Regatta activity as prescribed by these Rules; and
 - (d) a coach and/or manager (at the option of the remainder of a crew).

2. ROLE AND RESPONSIBILITY OF OFFICIAL CREW REPRESENTATIVE

- 2.1 The crew shall choose one of its members to be the official representative and spokesperson for the crew in all of its dealings with officials and representatives of the Regatta Committee.
- 2.2 Officials and representatives of the Regatta Committee may rely and act upon all statements or representations made to them by the official representative without having to determine that such statements or representations constitute the opinion or position of all or any members of the crew.

3. ENTRY OF CREWS/REGISTRATION OF PARTICIPANTS

- 3.1 The Regatta Committee shall establish an annual deadline for registration of crews and payment of fees.
- 3.2 Registration shall be in a form as prescribed by the Rules Committee and such registrations for crews and oarspersons shall include:

An **Official Registration Card and waivers** to be fully completed by all crews (as prescribed) prior to training on the Pond.

The Registration Card shall contain the full name, physical address, phone number, and birth date of each crew member, the name of the Official Representative, the name of the sponsor, the name and category under which

the crew intends to row and such other information as shall be stipulated. In the case of Juvenile, Midget, Intermediate, and Masters crews, proof of age in a form acceptable to the Rules Committee including birth certificate, MCP card and driver license for all crew members (except the coxswain, manager and coach) shall accompany the registration card.

- 3.3 The address of the Official Representative shall be considered to be the official address of the crew and any notice from the Regatta Committee to the crew may be delivered to such address and shall be deemed to have been served on all crewmembers if left at that address.
- 3.4 **Failure to comply with the provisions of Rule 3.2 shall render a crew ineligible to participate in the Time Trial heats and Regatta Day races of that year.**
- 3.5 No change of a crew member or coxswain shall be made **after** the filing of the official registration card unless the Chairperson of the Rules Committee is notified in writing and has approved the change in writing.
- 3.6 The Chairperson of the Rules Committee shall cause a list of all officially registered crew members and any changes to registered crew members to be posted at the Boathouse, Quidi Vidi Lake, St. John's.
- 3.7 All oarspersons of a registered crew, as outlined under Rule 3.2 shall be of the same gender.
- 3.8 At his/her discretion the Chairperson of the Rules Committee may determine if there are sufficient crews officially registered to justify the holding of a race.
- 3.9 Should any participant or member of the Regatta Committee be required to obtain insurance of any type relative to Regatta activities, such insurance criteria shall be in accordance with current regulations, policies, and procedures as first approved by the Regatta Committee applicable to this requirement
- 3.10 Any oarsperson, regular or spare, shall only be permitted to register and row with one (1) crew.
- 3.11 In order to prevent damage to the shells, safety to participants and respect decorum of the sport, all members of a registered crew, including coxswains, when rowing on the Pond must wear suitable clothing/attire, such as soft/pliable footwear, shorts/sweat pants, T-shirts. Coxswains shall wear appropriate safety flotation devices at all times.

3.12 **Modifications To Regatta Shells:**

Extension to the front of the seat is permitted up to 2 inches beyond the existing lip. No extension is permitted to the rear of the seat. Foot-board modifications that include affixed footwear or alternate strapping devices other than the straps/restraints provided, is not permitted. Any equipment used by oarsperson(s) other than that provided by Royal St. John's Regatta Committee is subject to approval by the Rules Committee. Any concerns with respect to equipment used by oarspersons should be brought to the attention of the Chairperson of the Rules Committee to be dealt with in accordance with the Royal St. John's Regatta Rules and Regulations.

3.13 The use of any form of tape or such adhesive materials, by participants to modify or to attach to any component of the shells, is not permitted. For the purposes of attaching any allowable seat modification, as herein described, the use of Velcro is permitted, provided such form of attachment will not cause damage to the shell.

3.14 All coxswains shall sit in their designated seating area at all times while steering a race Shell during an official Time Trial and/or Regatta Day racing event, otherwise that crew shall be disqualified from that racing event.

3.15 Any taping, clamping or other modification to footing and/or seating is strictly prohibited.

3.16 Non-compliance with 3.13 and 3.15 during regularly scheduled practice times shall result in

- (a) suspension of the crew for 3 days
- (b) suspension of the crew for 5 days
- (c) any subsequent offence shall result in disqualification from participation in any officially sanctioned rowing events for the duration of the rowing season.

3.17 Non-compliance with 3.13, 3.14 and 3.15 during any officially sanctioned regatta event shall result in immediate disqualification.

3.18 Notice of appeal shall be deposited with the Secretary of the Regatta Committee and the appeal shall be heard by the Board of Directors of the Regatta Committee whose decision shall be final and shall be made within five (5) days of the receipt of the notice of appeal by the Secretary. Until the Board of Directors has disposed of the appeal, the decision of the Chairperson of the Rules Committee shall stand.

4. ESTABLISHMENT AND SAFE OPERATIONS OF THE RACE COURSE

- 4.1 The race course for the various divisions or classifications of races to be held on the day of the Time Trials and Regatta Day shall be that set out on the plan annexed to these rules.
- 4.2 The Regatta Committee shall equip the race course with starting stakes, appropriate ropes and toggles, turning buoys, judges' platforms, judging Boats, and safety Shells, as the Captain of the Course, in conjunction with the Rules Committee, may in their sole discretion determine as being adequate for the safe conduct of any and all sanctioned events.
- 4.3 To ensure safe and prudent operational rowing conditions prevail to all oarspersons and crews wishing to row on the pond, a set of safety flags shall be used by the Boathouse Manager to indicate existing rowing conditions on the pond to all participants:
- (a) a Green Flag shall indicate a crew may practice on the full (seniors) race course;
 - (b) a Yellow Flag shall indicate a crew may only practice on a lesser portion of the course and at the discretion of the Boathouse Manager
 - (c) a Red Flag shall indicate that NO CREW OR OARSPERSON shall be permitted to row on the pond during that period of time.

Responsibility and accountability for the daily operation of this rowing safety flag system shall be the sole responsibility of the Boathouse Manager or his/ her designated representative only. Failure to comply will result in the same penalty as outlined in Section 3.16

5. CONDUCT OF TIME TRIALS AND REGATTA DAY RACES

- 5.1 At a time to be determined by the Regatta Committee in each racing season, a date shall be set for the conduct of Time Trials prior to Regatta Day. The purpose of the Time Trials shall be to determine the makeup of each Regatta Day race based upon the times rowed by the crews participating in the Time Trial heats.
- 5.2 The Chairperson of the Rules Committee shall establish a Time Trials heat schedule based upon the number of crews officially registered. Not more than

five (5) crews may participate in any one Time Trial race.

- 5.3 The manner of conducting any Time Trial heat shall be the same as that established for Regatta Day races and the time in which a crew completes the course in a Time Trial race shall be as recorded by the Chief Time Keeper.
- 5.4 In the event of an accident or equipment breakage or malfunction after the expiry of the one-minute mark of a Time Trial heat:
- (a) the coxswain in the affected crew shall indicate the happening thereof by raising his/ her hand over his/ her shoulder;
 - (b) the Chief Judge/Starter shall not stop the Time Trial heat in question (except when for safety reasons in his/her sole opinion, considers it necessary or prudent to do so) but shall note the signal of the coxswain of the affected crew and adjudicate upon the happening as set out herein;
 - (c) where, in the sole opinion of the Captain of the Course, an affected crew or crews would be unfairly prejudiced by an accident or equipment breakage or malfunction, the affected crew or crews shall be granted the opportunity to row again for time only; and
 - (d) the affected crew or crews, as nearly as is practical, shall maintain the same Shell and stake as it rowed during the Time Trial heat in which the accident or equipment breakage or malfunction occurred and shall row again in an available heat and Shell as determined by the Captain of the Course in his /her sole discretion.
- 5.5 After the Time Trial heats are completed, the Chairperson of the Rules Committee shall compile a schedule of results of the Time Trials in each division commencing with the fastest time in each division.
- 5.6 The Chairperson of the Rules Committee shall, in consultation with the Captain of the Course, after the completion of the Time Trial heats, compile a race day schedule for the annual Regatta Day races. If more crews are registered than the Regatta Day race schedule can accommodate, the Chairperson of the Rules Committee in consultation with the Captain of the Course may eliminate crews from Regatta Day competition starting with the crew in each division having the slowest time at the Time Trial heats until the number of entries remaining can be accommodated in the Regatta Day race schedule. The Chairperson of the Rules Committee has the sole discretion to maintain a reasonable ratio of races in each division as justified by the number of crews registered in each division.
- 5.7 After the Regatta Day race schedule has been established by the Chairperson of the Rules Committee, a meeting will be held at which the Official Representative of each crew participating in the Regatta Day race schedule shall be obliged to

be present. For continued safety of all participating crews there will be no choice in stake positions. All stakes will be assigned depending on the results of the Time Trial heats. The crew rowing the fastest time in Time Trial heat Division shall be assigned to stake 1; the crew rowing the second fastest time in Time Trial heat Division shall be assigned to stake 2; the crew rowing the third fastest time in Time Trial heat Division shall be assigned to stake 3; until all crews in each Time Trial heat of a division has been assigned to a stake. At this meeting a selection will be held in a manner determined in the sole discretion of the Chairperson of the Rules Committee wherein the crew rowing the fastest time in its Time Trial heat Division shall be permitted to select the Shell of its choice; that the crew rowing the second fastest time in the same Time Trial heat Division shall be permitted to select the Shell of its choice after the first crew has made its choice; that the crew rowing the third fastest time in the same Time Trial heat Division shall be permitted to select the Shell of its choice after the first and second crews have made their choices, etc., until all crews in each Time Trial heat of a division has selected a Shell of its choice, in accordance with the procedures as directed by the Chairperson of the Rules Committee in his/her sole discretion as Chairperson of the Rules Committee.

The choice of Shell by an Official Representative is final and shall be binding upon the crew that that person represents.

In the absence of an Official Representative representing a crew, the Chairperson of the Rules Committee, or his/her nominee, may in his/her sole discretion accept as the Official Representative of a crew a person nominated in writing by the registered Official Representative of that crew, or nominated in writing by a majority of the oarspersons of that crew. In the absence of an Official Representative, the Chairperson of the Rules Committee, or his/her nominee, shall assign a person to select a Shell for the crew whose Official Representative is absent and such choice of Shell shall be binding upon such crew.

In the absence of notice to the contrary, the meeting of Official Representatives for the purpose of conducting the selection for Shells shall be held at the Boathouse, Quidi Vidi Lake, St. John's, immediately after the completion of the last Time Trial heat.

- 5.8 In the event that the Time Trial heats are postponed while in progress, and are continued over the next day or several days, the resulting times recorded by crews in all races rowed prior to the postponement shall be official. The postponed portion of the Time Trials shall be completed on a date and at a time designated by the Captain of the Course.
- 5.9 There shall be no coaching of race shell crews during the Time Trial heats and/or any Regatta Day Racing Events including Championship Races from any designated official Regatta judging location including, but not necessarily limited

to: Judges' platform (top of pond); Judges' Shell (bottom of pond); Marquée; Shell House Control Centre Room(s)-(veranda location); Visitors' Boat; and/or any other locations as may be otherwise designated "off limits to coaching" by Chairperson of the Rules Committee in consultation with the Captain of the Course.

- 5.10 After the commencement of the racing event, the Captain of the Course shall have the discretion at any time on any basis he/she considers reasonable in the interests of safety, sportsmanship, fair play, or in the interests of the enjoyment of the Regatta by the participants and spectators, to delay, postpone, or reschedule the annual Royal St. John's Regatta, or any incomplete portion thereof. Prior to the Captain of the Course exercising his/her discretion to make such delays, postponements, or rescheduling to the annual St. John's Regatta Day Program, or incomplete portion thereof, the Captain of the Course may in his/her sole discretion as he/she deems necessary, consult with other Regatta Day officials.
- 5.11 No more than five (5) crews shall start in any one racing event.
- 5.12 All coxswains shall be determined as being competent and shall be approved by the Chairperson of the Rules Committee. Except during practice spins, coxswains shall wear designated colored coxswains jackets in all formal racing events and shall adhere, at all times, to all of the other provisions of Rule 3.11 and 3.17. Coxswains failing to adhere to these regulations shall not be permitted to steer a shell in practice or any other sanctioned event.
- 5.13 All crews must be at their respective starting stakes to start their assigned races within ten (10) minutes of the race being called over the loud-speaker at the Boathouse. This requirement shall be known as the "Ten Minute Rule." The call of a race and the commencement of the Ten Minute Rule shall not be made until the last Shell in an existing race has passed the Marquée on its way to the finish line at the top of the pond.
- 5.14 Any crew not in position to commence a race within ten minutes after the race has been called may be disqualified by the Captain of the Course from participating in that race.
- 5.15 All crews shall immediately enter their chosen Shell for the next scheduled race as soon as their assigned Shell is available at the Boathouse dock and, in any event, no later than immediately after the announcement of the commencement of the 10-Minute Rule, as noted under Rule 5.13 above and shall proceed immediately and directly to its assigned starting stake at the top of the pond.
- 5.16 When all Shells and crews have reached the starting stakes, the coxswain for each crew shall grasp the toggle attached to the assigned starting stake for

that crew in his/her hand and the crews shall cause all Shells to be lined up evenly as directed by the Chief Judge/Starter.

- 5.17 When the Chief Judge/Starter is satisfied that all Shells are lined up evenly he/she shall address the crews as follows:

"Stake No. 1 - Are you ready?;
Stake No. 2 - Are you ready?;
Stake No. 3 - Are you ready?;
Stake No. 4 - Are you ready? and
Stake No. 5 - Are you ready?"

The coxswain of each crew shall signify to the Chief Judge/Starter the readiness of that crew to start the race. When all coxswains have indicated their readiness, the Chief Judge/Starter shall ask again "Gentlemen/Ladies - Are you all ready?" and, in the absence of an indication from any coxswain that a crew is not ready, the race shall be started by the firing of a gun, or the sounding of a horn, as a signal for the start of the race.

- 5.18 In the event of an accident or equipment breakage or malfunction following the start of a race and prior to the Shells in that race reaching the one minute mark from the start, and only where the said accident or equipment breakage or malfunction would, in the sole opinion of the Chief Judge/Starter, endanger the safety of any crew member or unfairly prejudice a crew, a second gun shall be fired, or horn sounded, to stop the race and recall the Shells to the starting stakes for a re-start of that race. In the event of the occurrence of such an accident, equipment breakage or malfunction, the coxswain of the affected crew shall indicate the happening thereof by raising his/her hand over his/her shoulder.

- 5.19 When a racing event reaches the one-minute mark from the start of that race and there are no accidents/equipment failures, etc. prior to that time into a race, the race shall then be designated as an official race and the race shall continue until the completion of that racing event at the top of the pond.

5.20 **Approaching the Buoys:**

- (a) A Shell that approaches its designated turning buoy first has the right-of-way at all times including into and out of its designated turning buoy. Any crew whose Shell obstructs or interferes with the Shell of any other crew engaged in a race shall be disqualified.
- (b) All Shells shall approach and round their respective turning buoys on the south side of that turning buoy (turning one buoy only) and shall finish the race on the north side of

- their respective stake. Any crew violating this rule shall be disqualified from the race.
- 5.21 Any coxswain putting his/her hand upon the stroke oar during a race shall result in the crew being disqualified from that race.
- 5.22 The result of any race shall not be official until all assigned officials have reported to the Chief Judge/Starter at the top of the pond, and it is ascertained and confirmed by the Chief Judge/Starter that none of the rules and regulations with respect to the conduct of the race has been violated by any crew competing in the specific race being reported on.
- 5.23 Any crew objecting to the conduct of its race shall immediately make its protest known to the Captain of the Course or Chairperson of the Rules Committee immediately upon disembarking from the racing shell at the Boathouse wharf, failing which the official results of that race when announced at the discretion of the Captain of the Course shall be final. The decision of the Captain of the Course in his/her sole discretion as to any protest concerning the conduct of a race shall be final.
- 5.24 The official time for all races shall be as recorded by the Chief Time Keeper, who shall report directly to the Chief Judge/Starter following any one racing event.
- 5.25 A crew must utilize its registered spare oarsperson(s) before applying for permission to use a substitute oarsperson.
- 5.26 The Chairperson of the Rules Committee, in consultation with the Captain of the Course, shall have the right to admit a substitute registered oarsperson(s), or coxswain, at any time prior to a race,
- (a) who through sickness (as confirmed by a Doctor's Certificate) or other compassionate reason is or are prevented from rowing and/or steering; and
 - (b) who because of a conflict in the race schedule, E.g.: is scheduled to cox with more than one crew in a race;
- 5.27 In the event that any race, or races, on the Regatta Day Race Program are postponed and continued on any other day, and for the purpose only of compiling and running off the Men's/Women's Championship racing events and, as a minimum, should the first six (6) racing events of the Regatta Day Race Program be completed prior to the postponement of the remainder of the Regatta Day Racing Program, then the five (5) fastest racing times rowed in each of the racing divisions prior to the postponement, shall qualify those crews only for participation in their respective Championship racing event. The Shell positions and times for all races rowed prior to the postponement shall be final and official.

The postponed portion of the Regatta Day Program shall then be completed on a date and at a time as designated by the Captain of the Course.

6. CHAMPIONSHIP RACES

- 6.1 There shall be a Men's and Women's Championship Race, where races shall consist of the five (5) fastest times on Regatta Day and may include crews from the Master, Senior, Intermediate and Juvenile age categories.
- 6.2 Immediately after the completion of the regular race day schedule (excluding Championship Races), the Chairperson of the Rules Committee shall compile a schedule showing the times rowed by each of the Men's crews and Women's crews during the Annual Regatta Day schedule commencing with the fastest time for each division.
- 6.3 In the event of a tie for the final position in a Championship Race, then the crew with the fastest time in the Time Trial heats shall be awarded a position in the Championship race.
- 6.4 Forty-five (45) minutes after the completion of the regularly scheduled races, crews qualifying to row in the Championship Races shall notify the Captain of the Course of their willingness to row. If the Captain of the Course becomes aware of a crew/crews who have qualified to row in either the Men's or Women's Championship Races but who for any reason will not be rowing in that race, then the Captain of the Course may, in his/her sole discretion, permit the next crew or crews with the next fastest time or times rowed in that division on Regatta Day to row in that Championship Race in the place of the crew /crews who will not be rowing.
- 6.5 Any crew that has refused to row in any scheduled Regatta Day race, in which it is scheduled to row, shall be disqualified from rowing in a Championship Race.
- 6.6 Crews qualifying for each of the two Championship Race Divisions, shall choose Shells and stakes in order of their times rowed during those divisions of the Regatta Day Race Schedule starting with the crew rowing the fastest time in its division.
- 6.7 The selection for Shells and stakes shall be held at the Boathouse at a time determined by the Rules Committee and the Captain of the Course after the posting of the regular Regatta Day race results as stipulated in Rule 6.2. In the absence of an Official Representative representing the crew, the Chairperson of the Rules Committee, or his/her nominee, may in his/her sole discretion accept as the Official Representative of a crew a person nominated in writing by the registered Official Representative of that crew, or nominated in writing by a majority of the oarspersons of that crew. In the absence of an Official

Representative, the Chairperson of the Rules Committee, or his /her nominee, shall assign a person to choose the Shell for the crew whose Official Representative is absent and such choice of Shell is binding upon such crew.

7. OFFICIALS

- 7.1 **Captain of the Course** is the Vice president of the Regatta Committee. The Captain of the Course shall be the Chief Official and Public Spokesperson for the Regatta Committee during all sanctioned events. The Captain of the Course shall also be the Chief Official responsible for the conduct of sanctioned events, and shall be vested with all of the authority of the Regatta Committee with respect to the conduct of the sanctioned events, except where by these Rules the said powers are assigned to any other Official Representative or sub-committee of the Regatta Committee. The Captain of the Course shall be an active member of the Rules Committee.
- 7.2 The Captain of the Course shall cause to be prepared and/or approved for each annual Time Trial and Regatta Day, a list of the various Officials required for the conduct of the sanctioned events.
- 7.3 **No person shall serve as an official for any Regatta activity where his/her so acting shall place him/her in a position of actual or perceived conflict of interest.** The Captain of the Course shall be the sole judge of such conflict of interest.

8. CODE OF CONDUCT/PENALTIES

- 8.1 This Code of Conduct applies in general to all oarspersons, coxswains, managers, coaches, sponsors, and officials at any time during any Regatta Committee sponsored activity ("Regatta Activity") including, but not limited to, practice spins, Time Trial heats, Regatta Day races, banquets, award presentations, or related activities.
- 8.2 All oarspersons, coxswains, managers, coaches, sponsors, and officials have a duty to encourage and maintain the highest standard of good sportsmanship, gentlemanly conduct, fair play and safety and are under an obligation to avoid all unsportsmanlike conduct and any acts or practices which are, in the opinion of the Regatta Committee, detrimental to the conduct of any Regatta activity including practice spins.
- 8.3 Such acts include, but are not limited to:
- 8.3.1 entering a sanctioned racing event and then failing to appear without

valid reason and adequate notice;

8.3.2 entering a racing shell without proper foot attire or in such a manner likely to cause damage to the racing shell or not in accordance with the regulations of the Regatta Committee;

8.3.3 defaulting in a sanctioned racing event except as a result of personal injury or other reason, in the opinion of the Chairperson of the Rules Committee, sufficiently grave to justify such default;

8.3.4 during the course of any Regatta activity;

- i) swearing at any official, Regatta Committee employee, spectator or opponent,
- ii) using profane, obscene or rude language or gestures,
- iii) showing outward displays of temper or anger including the throwing of any equipment or object;
- iv) deliberately throwing or propelling any object in the direction of an official, spectator, or opponent including attempting to splash water thereon;
- v) threatening bodily injury to anyone;
- vi) indulging in blatant gamesmanship which includes but is not limited to deliberate stalling of the commencement of a Regatta Activity;
- vii) intentionally making any gesture or noise in order to distract an opponent during the conduct of a sanctioned racing event;
- viii) physically assaulting officials, participants or spectators including the splashing of water thereon;
- ix) with the exception of minor adjustments to an oar collar, tampering with any Shell, including adjustment to the oar lock/outrigger structure;
- x) malicious, negligent or willful damage to the racing shells, equipment or property of the Regatta Committee;
- xi) failure to follow the directions of any safety official acting under the authority of the Regatta Committee;
- xii) other actions detrimental to the safety of persons or detrimental to property of the Regatta Committee or to the impairment of the

operations of the Regatta, its events, equipment or otherwise.

- 8.3.5 i) possessing or using alcohol within the precincts of any facilities owned, managed or controlled by The Royal St. John's Regatta Committee without the express permission of the Regatta Committee;
- ii) being under the influence of alcohol or illegal drugs within the precincts of any facilities owned, managed or controlled by The Royal St. John's Regatta Committee.
- 8.4 **Disciplinary Proceedings:** The Captain of the Course in consultation with such officials as he /she considers appropriate in the circumstances, shall be vested with the full power and authority to disqualify and suspend (**without any right of appeal**) from any Regatta activity described in Rule 8.1 any oarsperson, coxswain, or crew whom the Captain of the Course considers in his/her sole discretion to be in breach of the Code of Conduct set out in Section 8 of these rules.
- 8.5 **Shellhouse Rules:** The Boathouse Manager in his/her sole discretion may implement rules with respect to the day to day activities on the Pond and around the Boathouse and the Boathouse Manager may in his/her sole discretion implement penalties with respect to failure to comply with these rules.
- 8.6 **Complaint** - Any interested party may make a complaint that a crewmember or participant has committed a breach of the Code of Conduct or any of the rules of the Regatta Committee. All complaints shall be in writing and shall be signed by the complainant and shall be sent to the Regatta Committee, Attention: Secretary.
- 8.7 **Notice of Hearing** - After receipt of the complaint and unless the complaint is settled to the satisfaction of the Board of Directors, the complainant and the accused, the President shall establish the time and place for a hearing of the complaint and shall give notice to the complainant and the accused of such time and place.
- 8.8 **Hearing** - The hearing shall be held at a location determined by the Board of Directors. Each complainant and accused may appear at the hearing in person. At the hearing the Board of Directors shall receive such evidence, reports, submissions and arguments as it deems necessary to properly judge the complaint. All decisions of the Board of Directors shall be by simple majority. **The decision of the Board of Directors shall be final (without any right of appeal).**

8.9 **Failing to Attend** - If the complainant fails to attend the hearing without sufficient cause satisfactory to the Board of Directors, the Committee may adjourn the hearing or may dismiss the complaint.

9. DEFINITIONS

In these Rules:

- (a) "**Accident**" means any collision, upset, loss overboard of a crew member or similar event causing or likely to cause injury to a crew member or damage to equipment.
- (b) "**Shell**" means any practice shell or race day shell owned by the Regatta Committee or, in the context, any other Shell owned by or operated under the auspices of the Regatta Committee.
- (c) "**Captain of the Course**" as defined in Section 7.1.
- (d) "**Chief Judge**" means the Regatta official approved on an annual basis by the Regatta Committee to be the chief adjudicator of racing event in the sanctioned events who shall report directly to the Captain of the Course should an adjudication be required and/or requested.
- (e) "**Chief Time Keeper**" means the Regatta official approved on an annual basis by the Regatta Committee to be the chief statistician and compiler of all the times recorded by crews in sanctioned events.
- (f) "**Coach**" means any member of a crew who serves as an instructor for any crew.
- (g) "**Manager**" means any person being a member of a crew who controls or manages the activities of the crew.
- (h) "**Code of Conduct**" means the code of conduct established under Section 8 of these Rules.
- (i) "**Coxswain**" means the member of a crew who is "steers person" of the racing shell.
- (j) "**Minimum Age for any Oarsperson**" (male or female) shall be thirteen (13) years of age as of December 31 of any year in which the rowing event is held.
- (k) "**Minimum Age for any Coxswain**" (male or female) shall be nineteen (19) years of age as of December 31 of any year in which the rowing event is held.

- (l) "**Intermediate**" means any oarsperson who shall be under the full age of twenty one (21) years of age as of December 31 of any particular year in which the Regatta is held.
- (m) "**Intermediate Crew**" means a crew in which all of the oarspersons are of intermediate age.
- (n) "**Juvenile**" means any oarsperson who shall be under the full age of eighteen (18) years of age as of December 31 of any particular year in which the Regatta is held.
- (o) "**Juvenile Crew**" means a crew in which all of the oarspersons are of juvenile age.
- (p) "**Midget**" means any oarsperson who shall be under the full age of thirteen (13) years of age as of December 31st of any particular year in which the Regatta is held.
- (q) "**Midget Crew**" means a crew in which all of the oarspersons are of midget age.
- (r) "**Men's Master's Crew** " means a crew whose minimum oarspersons age shall be the full age of forty-six (46) years as of December 31 of any year in which the Regatta is held.
- (s) "**Women's Master's Crew** " means a crew whose minimum oarsperson age shall be the full age of forty-one (41) years as of December 31 of any year in which the Regatta is held.
- (t) "**Oarsperson**" means any member of a crew whose primary purpose for membership in the crew is to act as a rower.
- (u) "**Officers**" means the Immediate Past President, President, Vice-President(s), Secretary and or Treasurer of the Regatta Committee.
- (v) "**Officials**" means those Regatta Committee members selected by the Captain of the Course required for conducting the sanctioned events.
- (w) "**Participant**" means any oarsperson, coxswain, manager, coach, sponsor of a crew or any person taking part in any Regatta Committee activity.
- (x) "**Registration Card**" means the registration card established from time to time by the Regatta Committee and required by Rule 3.2

- (y) "**Rules Committee**" means a formal sub-committee approved by the Board of Directors of The Royal St. John's Regatta Committee whose purpose shall be to compile, revise, recommend, and enforce all officially approved rules and regulations of The Royal St. John's Regatta Committee for the conduct of sanctioned events, and other Regatta events/activities that may take place on the pond from time to time.
- (z) "**Sanctioned events**" refers to Discovery Day, Time Trial heats, Regatta Day.
- (aa) "**Senior**" means a division/classification wherein all the registered oarspersons of a rowing crew are not rowing as a Midget, Juvenile, Intermediate or Master crew, as defined under Section 9(q); 9(l); 9(j).
- (bb) "**Spare Oarsperson**" means a registered oarsperson who (at the option of the coxswain and the regular oarsperson) may substitute for any regular registered oarsperson in any Regatta activity, as prescribed by these Rules and as outlined under Rule 1.1 (c).
- (cc) "**The Royal St. John's Regatta Committee**" or "**Regatta Committee**" means The Royal St. John's Regatta Committee registered in Corporation No. 1549 in the Registry of Corporations for the Province of Newfoundland and Labrador.
- (dd) "**Sponsor**" means any person, organization or corporation lending support to a crew.
- (ee) "**Substitute Coxswain**" means a registered coxswain permitted to participate in a sanctioned event pursuant to Rule 5.27.
- (ff) "**Substitute Oarsperson**" means a registered oarsperson permitted to participate in a sanctioned event pursuant to Rule 5.27.
- (gg) "**Ten Minute Rule**" means the rule in place from time to time pursuant to Rule 5.13 hereof relating to the commencement of sanctioned events.

10. REPEAL

10.1 All other rules and regulations of The Royal St. John's Regatta Committee relating to the matters contained herein are hereby repealed.

THE ROYAL ST. JOHN'S REGATTA COMMITTEE

**Course Statistics
and
Other General Items of Information**

THE ROYAL ST. JOHN'S REGATTA COMMITTEE

COURSE STATISTICS AND OTHER ITEMS OF GENERAL INFORMATION

1. Number of Lanes 5

2. Length of Racing Lanes:

Lane Type	Length of Racing Lanes		
	One Way	Both Ways	Total Course Length
(a) Men's	1,225.415m (4,020.39 ft.)	2,450.830m (8,040.78 ft.)	2.450 km (1.52 miles)
(b) Women's	612.706m (2,010.19 ft.)	1,225.412m (4,020.38 ft.)	1.225 km (0.76 miles)

3. **Approximate Distance Between Stakes** **= 15.85m ±**
(Top of Pond) (51.5 ft.±)

4. **Approximate Distance Between Buoys** **= 36.5m ±**
(Bottom of Pond) (118.63 ft. ±)

5. **Race Course Layout**

For further information on Race Course Layout, please refer to **Official Regatta Course Plan Layout**, as compiled by the **Engineering Department of the City of St. John's**; a copy of which is presently posted in the **Regatta Committee Shellhouse Committee Room**.

6. Race Shells and Flag Colours

The Royal St. John's Regatta Committee

Color Assignment for Racing Shells

Shell Name	Color
Miss Molson	Gold
Miss Labatt	Blue
Good Luck	Green
The Dictator	Red
Captain Morgan	White
Miss Tubular	Tan
The OZ Network	Gold
The Newfoundland Herald	Blue
Smith Stockley	Green
The Henley	Red
President's Choice	White
The Broker	Tan
Miss India II	Gold
Stroke of Power	Blue
Smith Stockley II	Green
Catherine M	Red
The NTV Network	White
The Ranger	Tan
Lambs Palm Breeze	Gold
Hydrowise	Blue
The Telegram	Green
The Sea-Hawk	Red
The CBC	White
The Marine Institute	Tan